

# **Breakfast at The Swan**



#### To Drink

Tea or Coffee (decaf available)

Juices – Orange(54), Apple(54), or Cranberry(54)

#### From the Still Bar

Adnams Champagne Brut 175ml£13Langlois Cremant de Loire 175ml£11Bucks Fizz£10Orange Juice and Champagne£10Bloody Mary£10Longshore Vodka, Lemon Juice, Spiced Tomato Juice

# To Start

Greek Style Yoghurt with Fruit Compote(188)

Soaked Apricots, Prunes and Figs(131)

Melon, compressed with elderflower and lemon(50)

Pineapple, compressed with mint(51)

Freshly Baked Pastries Croissant(224) - Danish(120)

Cereals: Cornflakes(91) - Crunchy Nut(139) — Fruit & Fibre(171) - Rice Krispies(85) - Coco Pops(134) — Weetabix(136)

Local Fresh White or Granary Toast(351)

# From the kitchen...

Rolled Oat Porridge(108) with Fruit Compote(190) or Honey(166)

# Full English Breakfast(<982)

Blythburgh Pork Sausage, Moat Farm Dry Cured Bacon, Plum Tomato, Flat Mushroom, Black Pudding, Baked Beans, Low Farm Free Range Egg (cooked to your liking)

#### Vegetarian Breakfast(<785)

Plum Tomato, Flat Mushroom, Hash Brown, Baked Beans, Vegetarian Sausage, Baby Leaf Spinach, Low Farm Free Range Egg (cooked to your liking)

# Lowestoft Smokehouse Grilled Buttered Kipper – Served on the bone(564)

Smoked Salmon and Scrambled Eggs(547)

#### Eggs Benedict(834)

Poached Low Farm Free Range Egg and Blythburgh Ham served on a Toasted Muffin with Hollandaise Sauce

# Eggs Royale(932)

Poached Low Farm Free Range Egg and Smoked Salmon served on a Toasted Muffin with Hollandaise Sauce

# Eggs Florentine(840)

Poached Low Farm Free Range Egg and Baby Leaf Spinach served on a Toasted Muffin with Hollandaise Sauce

Should you require assistance with dietary requirements or allergy information, please speak to a member of our team. Adults require 2000Kcal a day – Calories shown in brackets.